

Isotretinoin seminar

Organised by the SFD Centre of Evidence and the Thematic Group “DEFI” (Facial Dermatoses)

Thursday 9 June 2022 from 10:20 to 17:00

Venue: Maison de la Dermatologie, 10 Cité Malesherbes, 75009 Paris

On-site: 35 places available

PROGRAMME

- 10:00-10:20** Welcome
- 10:20-10:30** Introduction – Purpose of the seminar: Olivier CHOSIDOW, Nicolas DUPIN
- 10:30-10:45** Isotretinoin regulatory situation: France (marketing authorisation, requirements, pharmacovigilance, compassionate prescription framework), Europe: Bernard GUILLOT, Nathalie DUMARCET
- 10:45-12:45** **Session 1 (2 hrs)** Moderator: Bernard GUILLOT; Secretary: Florence POIZEAU
Isotretinoin prescription for acne (MA): limits of current application
- Psychiatric risks of isotretinoin, Catherine DROITCOURT **(15 mins)** – Patient follow-up to minimise psychiatric risks/ using the ADRS: Joëlle MICALLEF/Louise HEFEZ **(5 mins)**, followed by discussion **(10 mins)**
 - Teratogenicity of isotretinoin
(1) – State of affairs. How to decrease the pregnancy rate in women on isotretinoin/ discussion on the prescription of condoms and emergency contraception (cf Recommendation No. 2 of the French regulator ANSM): Annie-Pierre BERA JONVILLE **(10 mins)**
(2) – Neurodevelopmental consequences: Sophie GAUTIER **(5 mins)**
Discussion on teratogenicity **(10 mins)**
 - Considering the relevance of biological blood monitoring: what type, role and frequency?: Julio TANNOUS **(5 mins)**, followed by discussion **(5 mins)**
 - Factoring in the failure of an AB strategy in patient medium-term medical past and not in the 3 months preceding isotretinoin prescription: Florence CORGIBET, Marie BEYLOT-BARRY, Olivier CHOSIDOW **(10 mins)**, followed by discussion **(5 mins)**
 - Organising monthly renewal – Patient pathway and link with other health professionals: comparing GPs', dermatologists' (ISOLIB survey) and pharmacists' points of view: Thibault PUSZKAREK, Nicole JOUAN, Valérie GARNIER **(5 mins x 3)**, followed by discussion **(5 mins)**
- Round table synthesis: all participants (20 mins)***
- 12:45-13:30** Lunch break

13:30-15:30 Session 2 (2 hrs) Moderator: Florence CORGIBET; Secretary: Guillaume CHABY

Off-label prescription of isotretinoin

- Acne:
 - Moderate acne on pigmented skin (1st line): Émilie BAUBION and Antoine MAHÉ (10 mins)
 - Acne of the lower face in adult women (1st line for initial consultation): Fabienne BALLANGER-DESOLNEUX (10 mins)
 - Acne in preadolescents: Fabienne BALLANGER-DESOLNEUX (10 mins)
 - Prolonged, low-dose isotretinoin for chronic/recurrent/dependent/highly inflammatory acne: Marie BEYLOT-BARRY (10 mins)Discussion (10 mins)
- Rosacea failure/recurrence after well-conducted antibiotic therapy and low-dose maintenance: Olivier CHOSIDOW (10 mins), followed by discussion (10 mins)
- Other facial dermatoses
 - (1) – Seborrheic dermatosis, mixed dermatoses, peri-oral dermatitis: Sandra LY, Olivier CHOSIDOW (10 mins)
 - (2) – Verneuil disease of the face, follicular forms of Verneuil disease: Claire HOTZ, Olivier COGREL (10 mins)Discussion (10 mins)

Round table synthesis: all participants (20 mins)

15:30-15:45 Break

15:45-16:45 Session 3 (1 hr) Moderator: Marie BEYLOT-BARRY; Secretary: Sophie LEDUCQ

Communication and research

- Resistance to isotretinoin prescription: Emmanuel MAHÉ (10 mins)
- Disseminating recommendations: dermatologists, GPs, etc., and evaluation methods: Antoine BERTOLOTTI (10 mins)
- Tools to help inform health professionals and patients: Georges MARTINHO (10 mins)
- Place and role of the new thematic group Facial Dermatoses “DEFI” of the SFD: Sandra LY (10 mins)

Round table synthesis: all participants (20 mins)

16:45-17:00 Conclusion – Global summary: Bernard GUILLOT (15 mins)