

## 6 What should you monitor during treatment with TERBINAFINE?

### In the event of:

- decrease in appetite, persistent abdominal pain, nausea, vomiting, abnormal crying, unusual fatigue
- dark urine, discoloured stools, yellow skin
- fever, sore throat, bleeding, in particular of the gums
- skin rash or redness

**Contact your doctor immediately!**

### Questions?

Consult your general practitioner, paediatrician or pharmacist.

Terbinafine  
250 mg tablets

This sheet belongs to:

.....

*This sheet contains essential information but cannot replace reading the medication package insert.*

## 1 What is terbinafine for?

This medicine destroys the fungi that have infected your skin and hair.

## 2 When and how to take this medication



**OR the tablet can be crushed up. If you decide to crush the tablet, it must be taken immediately.**

It can be mixed with a spoonful of stewed fruit or yoghurt, **but do not mix it with water!**



Weight: ..... kg      Prescribed dose: ..... mg



Take the tablet whole (250 mg)



Cut the tablet in 2 and take half (125 mg)



Cut the tablet in 4 and take ¼ (62.5 mg)



**Once a day, at the same time, with meals.**



## 3 How should terbinafine be stored?



This medicine should be stored at room temperature, in its packaging, until the expiry date.



## 4 What to do if you miss a dose

**Do not double the next dose!**

If you miss a dose, do not double the next dose, just continue your treatment like normal.

## 5 What other precautions should you take during your treatment?

- Be sure to apply the cream locally
- Cut your hair short
- Wash sheets, towels, etc. at 60 °C
- **A liver function test can be requested before and possibly during treatment (not systematic)**
- **Notify your doctor or pharmacist that you are taking this medication to avoid any interaction with another treatment!**



## 6 What should you monitor during treatment with ITRACONAZOLE?

### In the event of:

- decrease in appetite, persistent abdominal pain, nausea, vomiting, abnormal crying, unusual fatigue
- dark urine, discoloured stools, yellow skin

Itraconazole  
oral solution 10 mg/mL  
*(available also in  
100 mg capsules)*

**Contact your doctor immediately!**

This sheet belongs to:

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## Questions?

Consult your general practitioner,  
paediatrician or pharmacist.

*This sheet contains essential information but cannot replace reading the medication package insert.*

## 1 What is itraconazole for?

This medicine destroys the fungi that have infected your skin and hair.

## 2 How to take this medication



- Shake the bottle
- Draw up \_\_\_ mL (= \_\_\_ mg) of the oral solution in an oral syringe provided by your pharmacist (you can discard the measuring cup provided with the medication).
- Keep the solution in your mouth (approx. 20 seconds)
- Rinse the oral syringe thoroughly once you have taken your treatment in preparation for the next dose.

## 3 When to take this medication

Once a day, at the same time,  
**outside meals.**

Do not eat for at least 1 hour after taking this medication.



## 4 How should itraconazole be stored?

This medication can be stored at room temperature, in its packaging, for up to **one month** after being opened.



DATE BOTTLE OPENED: ...../...../.....

## 5 What to do if you miss a dose

**Do not double the next dose!**

If you miss a dose, do not double the next dose, just continue your treatment like normal the next day.



## 6 Other precautions to take during your treatment

- Be sure to apply the cream locally
- Cut your hair short
- Wash sheets, towels, etc. at 60 °C
- **A liver function test can be requested before and possibly during treatment (not systematic)**
- **Notify your doctor or pharmacist that you are taking this medication to avoid any interaction with another treatment!**

